



*Pictured here L-R Sister Mary Rose, Todd Clyncke, Jody Giacomini, Joe Negri, Dee Boselli, Sherry Wilkin, Mary Carol Ferrera, Dave Ferrera, Todd Maul*

The weightroom Lift-A-Thon makeover project began in the fall of 2006. On March 31st, 2008, a group of HFHS parents and supporters gathered to officially dedicate, honor and thank the long list of donors who made generous contributions to make the new weight room a reality.

The weight room expansion has been utilized by the entire HF student body and PE classes.

It also allowed athletics to launch the “Bigger, Faster, Stronger” program for all the sports.

According to Sister Mary Rose, “it has eliminated the need for frequent ambulance visits during all games”.

Thank you to everyone who joined us for the celebration and to the following HF parents who contributed to the project:

<i>Mr. &amp; Mrs. Charles Anderson</i>	<i>Mr. &amp; Mrs. Rick Balzen</i>	<i>Mr. &amp; Mrs.</i>
	<i>Jim Boselli</i>	
<i>Mr. &amp; Mrs. Jim Brienza</i>	<i>Mr. &amp; Mrs. Todd Clyncke</i>	<i>Mr. &amp; Mrs.</i>
	<i>David Ferrera</i>	
<i>Jim Gilmore &amp; Jody Giacomini</i>	<i>Mr. &amp; Mrs. David Glynn</i>	<i>Mr. &amp; Mrs.</i>
	<i>Dan Hawkins</i>	
<i>Mr. &amp; Mrs. Andrew Johannsen</i>	<i>Mr. &amp; Mrs. Thomas Lambert</i>	<i>Ms. Sandy</i>
	<i>Maul</i>	
<i>Mr. Todd Maul</i>	<i>Mr. &amp; Mrs. Thomas Melcher</i>	<i>Mr. &amp; Mrs.</i>
	<i>Dan Neddeau</i>	
<i>Mr. &amp; Mrs. Larry Quintana</i>	<i>Mr. &amp; Mrs. Thomas Salaba</i>	<i>Ms. Connie</i>
	<i>Schietinger</i>	
<i>Mr. Mark Schietinger</i>	<i>Mr. &amp; Mrs. Allen Spector</i>	<i>Mr. &amp; Mrs.</i>
	<i>Bruce Wetmore</i>	
	<i>Mr. &amp; Mrs. Jeffrey Wilkin</i>	